

2D1N Mount Trusmadi Climb Trip

Images



Description

The remote peak of **Mount (Gunung) Trusmadi** is the second highest mountain in Sabah at 2462 metres.

Located within a forest reserve, this mountain is extremely rich in flora and fauna which makes a wonderful trekking environment.

Unlike **Mount Kinabalu**, few tourists venture up **Gunung Trusmadi** and very often you have the mountain all to yourself. This is partly due to the remote location of the reserve, as well as the steep and challenging terrain of the mountain. The only facility for climbers is a small sleeping hut approximately two thirds of the way up the mountain. Some visitors do stay at the hut and continue to the summit early the next morning.

You also have the option (weather permitting) to bring a tent and trek all the way to the summit to overnight as the sunrise view of **Mount Kinabalu** is out of this world!

Itinerary

DAY 1 (Breakfast, Lunch and Dinner)

5.30am – You will be collected from your hotel within Kota Kinabalu city. Drive to Tambunan, some 2 hours drive through scenic countryside and across the Crocker Mountain range.

7.30am - Breakfast in the small town of Tambunan.

8.00am - Board a 4 x 4 vehicle which will take you into the Forestry Reserve.

10.00am - Arrive at Kg Kaingaran to start the mountain trek.

4.00pm (approximate) - Arrive at the camping hut

Borneo Dream Travel & Tours Sdn Bhd (788821-K)

Licensed Malaysian Inbound Tour Operator KPL/LN 5470

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6.00pm - Dinner

DAY 2 (Breakfast and Lunch)

5.30am - Wake up to start your ascent to the peak at dawn. Weather permitting; a beautiful sunrise awaits you with Mount Kinabalu in the foreground, located some 40km north of Mount Trusmadi.

7.30am - Arrive at the summit of Mount Trusmadi

8.00am - Descend to base camp for a simple breakfast.

9.00am - Pack up and return to Kg Kaingaran and stop for lunch.

3.00pm - Board the 4 x 4 vehicle and depart for Tambunan town.

5.00pm - Depart for Kota Kinabalu.

7.00pm - Estimated to arrive back in Kota Kinabalu.

What to bring

First on the list: An adventurous spirit!

- Waterproof jacket
- Warm fleece
- Warm hat
- Good walking boots
- Long trousers and a t-shirt/shirt for trekking
- A dry set of clothes for evening and sleeping
- Water purification tablets (Iodine)
- Rucksack
- Waterproof bag for inside the rucksack
- Snacks
- Small personal medical kit including plasters, personal meds, etc. The Tour Guide will also carry a medical kit.
- Bowl, mug and cutlery

Included

- Tent (if the clients wish to use and carry it)
- Roll mats
- Sleeping bags
- Food and water
- Transportation
- A qualified Tour Guide
- All Park fees and permits
- Stove and fuel

Excluded

- Personal spend
- Porter to carry your rucksack (available at a surcharge)

Trip Pre-Requisites

- A very good level of fitness – you must be happy and comfortable to walk uphill in a hot and humid environment for up to eight hours.

Trip Notes

- Be prepared to rough it! The camping hut is very basic and is not well maintained.

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- Be prepared to carry up to three litres of water. (A porter can be hired at additional cost). There are few sources of water on this mountain so it is necessary to always carry enough water to last a full day of trekking.
- Safety is always the priority and if the Park Guide and Tour Leader feel that it is not safe to continue for any reason, then their decision must be respected.
- Due to the altitude, the weather on the mountain can be very wet and very cold.

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